

# You're pregnant, what happens now?

The first step is to complete  
our online referral form  
or phone 01592 643355  
(extension 28374)  
Monday to Friday  
between 10am-12 noon,  
to register with a midwife.



Once you have registered, a midwife will be in touch  
to provide you with all the information and support you  
need to guide you through your pregnancy.

Scan the QR code or visit  
[www.nhsfife.org/maternity](http://www.nhsfife.org/maternity) for more information.