

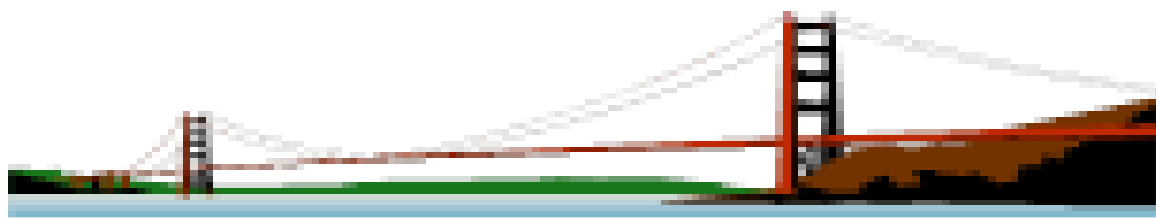
**Are you or someone you know
experiencing poor mental health?**

We may be able to help!

Express Group is back in St Andrews

**Starting Day
Monday 1st August
9:30 am - 1:00 pm**

**Victory Memorial Hall
St Marys Place, St Andrews KY16 9XE**



**Referral and self-referral forms
available on our website
www.expressgroupfife.org.uk**

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