

Home BP Monitoring Non-Responder

Dear Sir/Madam,

We have tried to make contact with you regarding the home monitoring of your blood pressure. This was requested after a raised reading at the surgery suggested that your blood pressure may not be within optimal limits for your ongoing health.

Following a review of our home blood pressure spreadsheet, we note that you have not yet handed in home blood pressure readings for us to review. We are keen to follow this up to make sure your blood pressure is at a safe and satisfactory level for your continued health.

This may be because you have checked your own blood pressure at home and are happy with the readings, or that this is not something you want to pursue going forward.

If this is the case or you have decided that you do not want your blood pressure followed up at the surgery, please let us know and we will avoid troubling you any further

Please be aware, however, that raised blood pressure can impact on your health. If you would like further information on this, this can be found via NHS Inform.

I would also ask that if you have one of our blood pressure monitors that you hand it in to either Leuchars or Balmullo Surgery to allow us to provide this service to other patients.

Thank you